

Energy Grains & Seeds Blends

Seize the day with whole-grain energy



Ardent Mills Energy Grains & Seeds Blend feature 14 grains and seeds that add an explosion of flavor and texture to any baked product.

Over half of consumers* say they “definitely” or “probably” would buy a bread with “energy” from whole grains. Our Energy Grains & Seeds Blends are packed with ancient grains and seeds to keep you going throughout the day. Ardent Mills collaborated with nutritional profile and labeling experts who tested bread made from our blend and found that its combination of macronutrients (including protein, fiber, caloric density, and fat) can provide energy.



This is what makes Ardent Mills different. We’re cultivating the future of alternative grains. So, we’re investing in the new ingredients that consumers are demanding, while providing the quality, safety, and delivery at every step of the supply chain you trust from us.



Ask your representative about custom blend capabilities.

APPLICATIONS

- ◆ Bread
- ◆ Crackers
- ◆ Muffins
- ◆ Bites
- ◆ Snack Bars
- ◆ Buns
- ◆ Rolls
- ◆ Pizza Crust
- ◆ Flatbreads



BENEFITS

Key benefits of blend when made into bread:

- ◆ Good Source of Fiber
- ◆ Contains 3.5g of Total Fat per serving
- ◆ Contains 20g of Whole Grains per serving
- ◆ Contains 500mg of Omega-3 Fatty Acids

Our product offerings

PRODUCT	FLOUR	INTACT GRAINS & SEEDS	PACK SIZES	PRODUCT HIGHLIGHTS
Ardent Mills Energy Flour Blend	●		• 50lb, totes, bulk	• Whole wheat, roasted chickpea, spelt, millet and more
Ardent Mills Energy Grains & Seeds Blends		●		• Sustagrain® Barley, quinoa and more

DISCLAIMER: Some Ardent Mills products are only approved for use in certain geographies, end uses, and/or at certain usage levels. It is the customer's responsibility to determine, for a particular geography, that (i) the Ardent Mills product, its use and usage levels, (ii) the customer's product, application, and use of the Ardent Mills product in customers product, use and application, and (iii) any claims made about the customer's product, use or application, all comply with applicable laws and regulations. Any claim, including without limitation, "energy" claim is the responsibility of the customer.

Ardent Mills is transforming how the world is nourished. As the premier flour-milling and ingredient company with more than 40 locations focused on traditional wheat, quinoa, chickpeas, pulses, organic and gluten-free products, we cultivate the future of food to help our customers and communities thrive.

Looking for application ideas or recipes?

Visit ardentmills.com or contact us at info@ardentmills.com and 888-680-0013.