



Keto Certified

# Net Carb Flour Blends

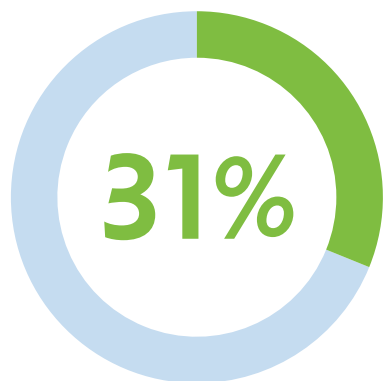


- ▶ Formulated for Multiple Applications
- ▶ High in Fiber
- ▶ Ideal for Low Net Carb Products\*



# Net Carb Flour Blends from Ardent Mills

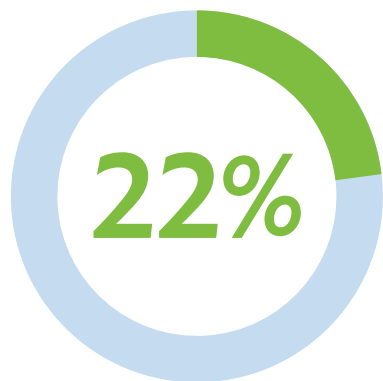
**DID  
YOU  
KNOW?**



**of millennials expressed  
an interest in trying a low  
carbohydrate diet**

Source: Business Insider. (2019)

*The most popular diets millennials want to try in 2019.*



**of US consumers agree they  
seek out new health trends**

Source: Mintel. (2019) *Diet trends for long-term  
human and planetary health.*

**Jump start your application development  
with our NET CARB FLOUR BLENDS\*** – a  
non-GMO, Keto Certified, dairy-free, vegan and no-added-  
sugar flour blend developed for manufacturers making  
a low net or zero net carb product\*. In the spirit of innovation  
and imagination, our blend allows for diverse customization  
for your finished products.

## HOW DO YOU CALCULATE “NET CARB”?

Total amount  
of carbohydrates

–

Total  
dietary fiber

= **NET CARB**

## WE MAKE IT EASY

We've done the hard work! Our Net Carb Flour Blends offers ease  
of use while reducing scaling errors and providing consistent  
product results. It's also versatile, allowing for customization and  
multiple finished applications.

## APPLICATIONS



**PIZZA**

- Pan Breads
- FlatBreads
- Breadsticks
- Bagels



**TORTILLAS**

- Crackers
- Chips
- Pita Bread
- Waffles
- Pancakes



**BREAD**

- Muffins
- Biscuits
- Batters and  
Breadings
- Buns and Rolls

## PACK SIZE

Totes or 50 lb sacks

\* Results will vary based on manufacturer's application. Any carb or "net" carb claim is the responsibility of manufacturer.



For sales inquiries or to request a sample, contact **Ken Ruud**  
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